


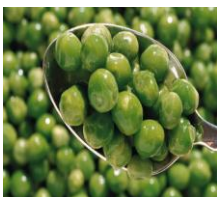



I-LDCC Weekly Menu

| | AM Breakfast | Lunch | PM Snack |
|--|---|--|--|
|  M O N D A Y | Scrambled Eggs Whole Wheat Toast 1% Milk | Roast Turkey Cranberry Sauce Green Beans Bread & Butter Strawberries 1 % Milk | "Ants on a Log" Celery Peanut Butter Raisins 100% Orange Juice |
|  T U E S D A Y | Cinnamon Toast Crunch Peaches 1% Milk | Ham Sandwiches on Wheat Bread Pasta Salad <i>Whole Wheat Rotini, Cherry Tomatoes</i> <i>Cucumber, Green Pepper, Olive Oil Vinaigrette</i> Pineapple 1% Milk | Homemade Sugar Cookies 1% Milk |
|  W E D N E S D A Y | Oatmeal Blueberries 1% Milk | Grilled Cheese Tomato Soup Carrot & Celery Sticks Apple Slices 1% Milk | Apple Slices Peanut Butter 1% Milk |
|  T H U R S D A Y | Cheerios Bananas 1% Milk | Shepherd's Pie <i>Beef, Corn, Onion, Potatoes</i> Broccoli Bread & Butter 1% Milk | Ritz Crackers American Cheese 1% Milk |
|  F R I D A Y | Pancakes Yogurt with Strawberries 1% Milk | Baked Chicken Brussel Sprouts Oven Potatoes Whole Grain Rice 1% Milk | Fruit Cocktail Club Crackers 100% Orange Juice |